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# eSmartQuiz – Online MCQ Test

After attending the class, students should go through the “eSmartQuiz – Online MCQ test” for the following reasons:

- **Reinforcement of Learning:** The “eSmartQuiz – Online MCQ test” provide an opportunity to reinforce learning after attending a class or reading a book. It helps to assess understanding and retention of concepts, to solidify knowledge and identify areas that need further revision or clarification.
- **Assessment of Comprehension:** The “eSmartQuiz – Online MCQ test” is an effective tool to assess comprehension of the subject matter and to demonstrate the ability to apply the concepts learned in the class.
- **Enhancement of Attention and Critical Thinking:** The “eSmartQuiz – Online MCQ test” will help to make students attentive for the class and to enhance critical thinking skills by selecting the most appropriate answer among the given options.

Each eSmartQuiz test consists of 10 MCQs, mostly image-based, and the students can see their scores at the end of each test. These questions will be modified after a certain interval. Use the given links or scan the QR code (given in each chapter) for the test. One student can solve each test only one time.

| Chapter  | Link for eSmartQuiz   |
|--|---|
| <b>Lower Limb</b>  |   |
| 1. Introduction  | <a href="https://forms.gle/NRD1x2JNDTgRCKP8A">https://forms.gle/NRD1x2JNDTgRCKP8A</a>   |
| 2. Bones of Lower Limb   | <a href="https://forms.gle/h5Q9mGxpUd6QyGXA6">https://forms.gle/h5Q9mGxpUd6QyGXA6</a>   |
| 3. Front of Thigh  | <a href="https://forms.gle/hDFsJd1Z7Bb2srAYA">https://forms.gle/hDFsJd1Z7Bb2srAYA</a>   |
| 4. Medial Side of Thigh  | <a href="https://forms.gle/SMJp1NN4pEvhjKXAA">https://forms.gle/SMJp1NN4pEvhjKXAA</a>   |
| 5. Gluteal Region  | <a href="https://forms.gle/fHLMnxN4AQri9yWQA">https://forms.gle/fHLMnxN4AQri9yWQA</a>   |
| 6. Popliteal Fossa   | <a href="https://forms.gle/ZWaNvVwwx1bSCbmt78">https://forms.gle/ZWaNvVwwx1bSCbmt78</a> |
| 7. Back of Thigh   | <a href="https://forms.gle/ycdgWXengkHBGf1U6">https://forms.gle/ycdgWXengkHBGf1U6</a>   |
| 8. Front of Leg with Dorsum of Foot; Lateral and Medial Sides of Leg     | <a href="https://forms.gle/MXUuooHUSG78axgC9">https://forms.gle/MXUuooHUSG78axgC9</a>   |
| 9. Back of Leg   | <a href="https://forms.gle/fQDyryQMFrj8wd367">https://forms.gle/fQDyryQMFrj8wd367</a>   |
| 10. Sole of Foot   | <a href="https://forms.gle/FNMDK27oq214B5HM9">https://forms.gle/FNMDK27oq214B5HM9</a>   |
| 11. Venous and Lymphatic Drainage; Segmental and Sympathetic Innervation | <a href="https://forms.gle/GGerj5QhwaXTHEE79">https://forms.gle/GGerj5QhwaXTHEE79</a>   |
| 12. Joints of Lower Limb   | <a href="https://forms.gle/h1tsJyw7LHPjoorp8">https://forms.gle/h1tsJyw7LHPjoorp8</a>   |
| 13. Arches of Foot   | <a href="https://forms.gle/knQU4jRtBTjtZB4q6">https://forms.gle/knQU4jRtBTjtZB4q6</a>   |
| 14. Surface and Radiological Anatomy                                     | <a href="https://forms.gle/XKF5AnXCuVma6GAK7">https://forms.gle/XKF5AnXCuVma6GAK7</a>   |
| <b>Abdomen and Pelvis</b>  |   |
| 15. Introduction and Osteology   | <a href="https://forms.gle/Hp4nkwjwCMvj4EzL9">https://forms.gle/Hp4nkwjwCMvj4EzL9</a>   |
| 16. Anterior Abdominal Wall  | <a href="https://forms.gle/EJK7JfBU98HURPTE7">https://forms.gle/EJK7JfBU98HURPTE7</a>   |
| 17. Male External Genital Organs   | <a href="https://forms.gle/cdzkugyBMuY6Kcgb8">https://forms.gle/cdzkugyBMuY6Kcgb8</a>   |
| 18. Abdominal Cavity and Peritoneum                                      | <a href="https://forms.gle/1oFckyZQrFMukRAY8">https://forms.gle/1oFckyZQrFMukRAY8</a>   |
| 19. Abdominal Part of Oesophagus and Stomach                             | <a href="https://forms.gle/LEuZcnnGYthhX3X57">https://forms.gle/LEuZcnnGYthhX3X57</a>   |
| 20. Small and Large Intestines   | <a href="https://forms.gle/MLheERXtp6DaKmM27">https://forms.gle/MLheERXtp6DaKmM27</a>   |
| 21. Large Blood Vessels of the Gut                                       | <a href="https://forms.gle/wvcrmtfwwRNc6qa78">https://forms.gle/wvcrmtfwwRNc6qa78</a>   |
| 22. Extrahepatic Biliary Apparatus                                       | <a href="https://forms.gle/wqF56B31VuCcmAVf8">https://forms.gle/wqF56B31VuCcmAVf8</a>   |
| 23. Spleen, Pancreas and Liver   | <a href="https://forms.gle/hbBKKRzMGtdgfhej9">https://forms.gle/hbBKKRzMGtdgfhej9</a>   |
| 24. Kidney and Ureter  | <a href="https://forms.gle/X9ciDTSfZFrSrH8x5">https://forms.gle/X9ciDTSfZFrSrH8x5</a>   |

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| Chapter  | Link for <b>eSmartQuiz</b>  |
|--|---|
| 25. Suprarenal Gland and Chromaffin System                         | <a href="https://forms.gle/NQ8NZMHXV6rv4Mgw9">https://forms.gle/NQ8NZMHXV6rv4Mgw9</a> |
| 26. Thoracoabdominal Diaphragm                                     | <a href="https://forms.gle/hbweRURskHBGxxaT6">https://forms.gle/hbweRURskHBGxxaT6</a> |
| 27. Posterior Abdominal Wall                                       | <a href="https://forms.gle/r5LpaZxDTJttJssQA">https://forms.gle/r5LpaZxDTJttJssQA</a> |
| 28. Perineum   | <a href="https://forms.gle/T7ubgYmw4sGJZM9o8">https://forms.gle/T7ubgYmw4sGJZM9o8</a> |
| 29. Preliminary Consideration of Boundaries and Contents of Pelvis | <a href="https://forms.gle/gwzfqVVg3ch3MvcM8">https://forms.gle/gwzfqVVg3ch3MvcM8</a> |
| 30. Urinary Bladder and Urethra                                    | <a href="https://forms.gle/WNPbBLGFfAh5GKKd7">https://forms.gle/WNPbBLGFfAh5GKKd7</a> |
| 31. Female Reproductive Organs                                     | <a href="https://forms.gle/XD6GirCZd1g1g2Ht7">https://forms.gle/XD6GirCZd1g1g2Ht7</a> |
| 32. Male Internal Genital Organs                                   | <a href="https://forms.gle/c6RzPMqBkYZHWkg86">https://forms.gle/c6RzPMqBkYZHWkg86</a> |
| 33. Rectum and Anal Canal  | <a href="https://forms.gle/8hcohRy1S84wzVyk7">https://forms.gle/8hcohRy1S84wzVyk7</a> |
| 34. Walls of Pelvis  | <a href="https://forms.gle/q9NoHXkiZ9SNcASn9">https://forms.gle/q9NoHXkiZ9SNcASn9</a> |
| 35. Surface Marking of Abdomen and Pelvis                          | <a href="https://forms.gle/dL7zyQVdjFTXjkHA">https://forms.gle/dL7zyQVdjFTXjkHA</a>   |
| 36. Radiological and Imaging Procedures                            | <a href="https://forms.gle/mMyvGuXv6pdccaKPA">https://forms.gle/mMyvGuXv6pdccaKPA</a> |

# Index of Competencies

As per the latest NMC Guidelines | Competency Based Medical Education (CBME)  
Curriculum under Graduate Medical Education Regulation

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| <b>AN20.8</b> | Identify and demonstrate palpation of femoral, popliteal, posterior tibial, anterior tibial and dorsalis pedis blood vessels in a simulated environment  | 14             | 170             |
| <b>AN14.1</b> | Identify the given bone, its side, important features and keep it in anatomical position   | 2              | 6               |
| <b>AN14.2</b> | Identify and describe joints formed by the given bone  | 2              | 6               |
| <b>AN14.3</b> | Describe the importance of ossification of lower end of femur and upper end of tibia   | 2              | 22              |
| <b>AN14.4</b> | Identify and name various bones in the articulated foot with individual muscle attachment  | 2              | 34              |
| <b>AN15.1</b> | Describe and demonstrate origin, course, relations, branches (or tributaries), termination of important nerves and vessels of anterior thigh   | 3, 4           | 56, 65          |
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| <b>AN15.4</b> | Explain anatomical basis of psoas abscess and femoral hernia   | 3              | 52, 56          |
| <b>AN15.5</b> | Describe and demonstrate adductor canal with its content   | 3              | 59              |
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| <b>AN16.3</b> | Explain the anatomical basis of Trendelenburg sign   | 5              | 76              |
| <b>AN16.4</b> | Describe and demonstrate the hamstrings group of muscles with their attachment, nerve supply and actions   | 7              | 87              |
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| <b>AN16.6</b> | Describe and demonstrate the boundaries, roof, floor, contents and relations of popliteal fossa  | 6              | 80              |
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