

# Practical **Anatomy** Workbook

Third  
Edition

Practical forms an important and integral part of learning anatomy. For a long time students have been drawing diagrams on common science practical notebooks. The paucity of suitable publications has motivated the authors to bring out this well organised anatomy practical workbook. The workbook provides practical work on general anatomy and all six sections of gross anatomy. All topics of various sections have been followed by clinical anatomy, an important aspect of anatomy not only for the examination but also for their future clinical training.

More diagrams have to be drawn by the students in the present edition. This will hone their artistic skills. About twelve pages have been added to make the workbook more spacious. The workbook is ideally suited to serve the practical requirements of undergraduate students of medical, dental, and allied health sciences courses.

**Krishna Garg** MBBS, MS, PhD, FIMSA, FIAMS, FAMS, FASI

is ex-Professor and Head, Department of Anatomy, Lady Hardinge Medical College, New Delhi. Having felt the need for anatomy practical workbook during her teaching tenure, she finally joined hands with diligent and dedicated Dr. Medha Joshi to bring out the Workbook. She is the chief editor of *BD Chaurasia's Human Anatomy*, editor of *BDC Human Anatomy for Dental Students*, *Human Embryology* and *Handbook of General Anatomy*. She is coauthor of *Textbook of Histology* and *Textbook of Neuroanatomy*. She has prepared a special DVD "Lectures on Anatomy". She is visiting faculty for DNB and MDS and a PhD examiner.



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Practical **Anatomy** Workbook

Garg  
Joshi



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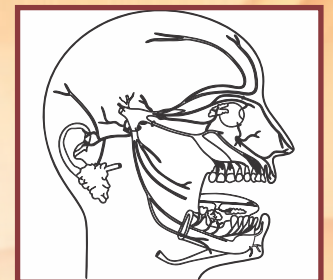
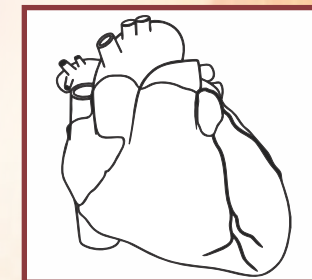
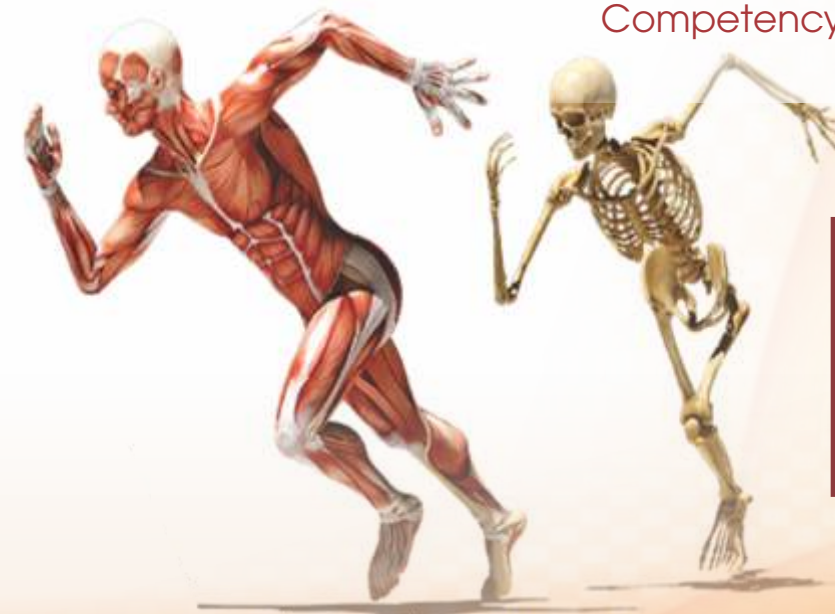
Third  
Edition

# Practical **Anatomy** Workbook

Third  
Edition

As per the latest  
CBME Guidelines |

Competency Based Undergraduate Curriculum  
for the Indian Medical Graduate



**Krishna Garg | Medha Joshi**



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# Practical Anatomy

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Competency Based

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### Disclaimer

Science and technology are constantly changing fields. New research and experience broaden the scope of information and knowledge. The authors have tried their best in giving information available to them while preparing the material for this book. Although, all efforts have been made to ensure optimum accuracy of the material, yet it is quite possible some errors might have been left uncorrected. The publisher, the printer and the authors will not be held responsible for any inadvertent errors, omissions or inaccuracies.

# Preface to the Third Edition

*—Each diagram speaks a thousand words.*

The third edition of *Practical Anatomy Workbook* is an attempt to make practicals of anatomy easy and understandable. The workbook induces students to make colourful diagrams of **general anatomy and all six subdivisions of gross anatomy**. Diagrams form the basic foundation of the subject and provide photogenic memory.

The workbook has been designed as per MCI BoG Syllabus 2018 featuring the headings following Competency based Undergraduate Curriculum for the Indian Medical Graduate 2018, prescribed by Medical Council of India (National Medical Commission).

Only outlines of a majority of diagrams have been provided; the “interior decoration” of these diagrams has to be done by the students. This will help them in honing their drawing skills, useful for the various examinations.

Clinical anatomy forms an integral part of anatomy. It is like “stars and moon to the sky” of diverse clinical subjects. This has been updated at some places as per the Competency Achievement.

Blank pages have been added at the end of each section for any additional diagram/notes.

We are extremely thankful to Mr SK Jain (CMD), Mr Varun Jain (Director), Mr YN Arjuna (Senior Vice President—Publishing, Editorial and Publicity), Ms Ritu Chawla (GM—Production), Mr Neeraj Prasad and Mr Sanjay Chauhan (graphic artists), and Mr Dinesh Chandra Arya (DTP operator) of CBS Publishers and Distributors for their assistance in updating the workbook. We are obliged to all of them.

Please email your valuable feedback to [dr.krishnagarg@gmail.com](mailto:dr.krishnagarg@gmail.com).

*Note:* If students feel shortage of space on any page, they may use an extra sheet.

**Krishna Garg • Medha Joshi**

*“Nature is beautiful, human body is wonderful  
Why should not diagrams be colourful and meaningful?”*

*The colour codes for diagrams are:*

Artery	...	red
Vein	...	blue
Nerve	...	yellow with black outline/orange
Bone	...	light brown/cream
Muscle	...	brown
Ligament, fasciae, capsule	...	green
Lymph node, lymphatics	...	grey
Brain	...	beige



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