

# Atlas & Synopsis of Dermatology

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***Dedicated  
to  
My Family***





# Preface

The '*Atlas & Synopsis of Dermatology*' covers the common dermatological diseases in clinical practice.

The book is predominantly highlighted by numerous colored pictures of skin disease which covers different stages of a particular skin lesion and also its unusual presentation. The picture of lesion will be helpful in making clinical diagnosis. In cases of doubt, diagnostic biopsy of the lesion and its histopathology will provide confirmation of diagnosis and further proper treatment. There is precise, associated updated details of clinical features, etiology and management of these cases. Some serious dermatological diseases require urgent treatment and /or hospitalization and should be dealt urgently.

I hope the book will serve as a quick reference guide for practicing dermatologist, dermatology residents, physicians and general practitioners.

**Shilpa Garg**



# Acknowledgments

I am grateful to my teachers Dr Kamlender Singh, Brig. Sukriti Baveja, Brig. SS Vaishampayan and Brig. Sawhney for imparting knowledge, their experience, skill and understanding of basics of dermatology and encouragement to always constantly keep pace with the advancement in dermatology and follow safe, simple and effective treatment.

My sincere gratitude to all my patients whose humility and confidence in me contributed tremendously to my learning and relearning.

I am privileged to work in my present institution Sir Ganga Ram Hospital, which has a large turnout of committed and satisfied patients and has contributed immensely to my gradual and constant practical and academic knowledge.

I have been fortunate to have done my under graduate study at Kasturba Medical College, Mangalore, Manipal Academy of Higher Education and post graduation in Dermatology at Base hospital, Delhi Cantt. The teachers in these institutions were like mentors and apart from imparting excellent education, these institutions have taught me discipline, doctor patient relationship, humanity and perseverance towards work.

I would like to acknowledge with great gratitude the guidance, inspiration, valuable advise, encouragement, support and love of my family -my parents Dr Har Prakash Garg and Dr Abha Garg and my sister Charu Garg.

I am thankful to CBS Publishers & Distributors and would like to put on record the sincere efforts of Mr SK Verma (Vice President Marketing and Operations), Mr Bhupesh Aarora [Sr. Vice President – Publishing & Marketing (Health Sciences Division)], and his team. I would like to thank Ms Annu Raina (Sr. Manager Publishing & Marketing) for her editorial support. I would also extend my thanks to Mr Shivendu Bhushan Pandey (Sr. Manager & Team Lead), Mr Manoj K Yadav (Production Manager), Mr Ashutosh Pathak (Sr. Proofreader cum Team Coordinator) and all the production team members for devoting laborious hours in designing and typesetting the book.

**Shilpa Garg**





# Foreword

I congratulate Dr Shilpa Garg for bringing out the book *Atlas & Synopsis of Dermatology*.

This book, with its impressive good quality pictures displaying common dermatological diseases and up-to-date information covering all aspects of the disease, will be very helpful for diagnosis and management.

I wish her all the best in her endeavor!

**Dr DS Rana**

Chairman  
Board of Management  
Sir Ganga Ram Hospital  
New Delhi



# Foreword

This book, '*Atlas & Synopsis of Dermatology*', is a good complement to the book "Clinical Dermatology", published earlier by Dr Shilpa Garg. It testifies to her commitment for disseminating supreme quality knowledge. She is, undoubtedly, an asset in the Department of Dermatology at Sir Ganga Ram Hospital, New Delhi.

There is a saying: "A picture is worth a thousand words". Nothing is more apt to this book than this saying, when learning Dermatology. Learning from excellent quality pictures, to a great extent, will be like actually seeing a patient. In medical practice, no two patients are alike. Same is true in dermatology – clinical picture may vary considerably from person to person. Different authors by virtue of different experiences will fill the wide spectrum of clinical manifestation. In this context also, this new atlas is a welcome addition.

**Dr Kamlander Singh**

Senior Consultant  
Department of Dermatology  
Sir Ganga Ram Hospital  
New Delhi



# Foreword

The book, '*Atlas & Synopsis of Dermatology*', by Dr Shilpa Garg, an astute clinician, an academician and a dermatologist of repute, promises to be a ready reckoner for students, teachers and practitioners covering commonly seen dermatoses.

The book, studded with a rich collection of images of dermatology disease in Indian patients, provides the visual fidelity, which is often sought by dermatologists treating the Indian patients. As an experienced teacher herself, the author has addressed the felt need of clinicians and brought out this extremely useful ready reckoner, which outlines a concise and comprehensive management approach of various common dermatological disorders making this book an indispensable companion for any practicing clinician and student.

I wish her the very best in her endeavor!

**Brig. (Dr) Sukriti Baveja**

Deputy Commandant  
Officer Training College  
AMC Centre and College, Lucknow  
Former Head of Department  
Department of Dermatology at Army College of Medical Sciences  
Base Hospital, Delhi Cantt.  
Former Professor  
Department of Dermatology, AFMC, Pune



# Contents

<i>Preface</i> .....	v
<i>Acknowledgments</i> .....	vii
<i>Foreword</i> .....	ix

## **CHAPTER 1 Bacterial Infections ..... 1–10**

Folliculitis .....	1
Furuncle .....	3
Cellulitis and Erysipelas .....	4
Impetigo .....	6
Erythrasma .....	8
Pitted Keratolysis .....	9

## **CHAPTER 2 Fungal Infections ..... 11–25**

Dermatophytosis .....	11
Pityriasis Versicolor .....	22
Malassezia Folliculitis .....	25

## **CHAPTER 3 Arthropod Infections ..... 26–32**

Scabies .....	26
Head Lice/Pediculus Capitis .....	32

## **CHAPTER 4 Viral Infections ..... 33–58**

Herpes Zoster .....	33
Orofacial Herpes .....	39
Wart .....	46
Molluscum Contagiosum .....	55

## **CHAPTER 5 Psoriasis ..... 59–78**

## **CHAPTER 6 Keratosis Pilaris ..... 79–81**

## **CHAPTER 7 Lichen Planus ..... 82–93**

## **CHAPTER 8 Eczema ..... 94–112**

Atopic Dermatitis .....	94
Seborrheic Dermatitis .....	101
Eczema of the Hands .....	108

<b>CHAPTER 9</b>	<b>Disorder of Sebaceous Gland</b> .....	<b>113–119</b>
	Acne Vulgaris .....	113
<b>CHAPTER 10</b>	<b>Rosacea</b> .....	<b>120–122</b>
<b>CHAPTER 11</b>	<b>Disorders of Hypopigmentation</b> .....	<b>123–136</b>
	Vitiligo .....	123
	Idiopathic Guttate Hypomelanosis .....	133
	Post Inflammatory Hypomelanosis .....	134
<b>CHAPTER 12</b>	<b>Disorders of Hyperpigmentation</b> .....	<b>137–143</b>
	Melasma .....	137
	Freckles .....	140
	Lichen Planus Pigmentosus .....	141
<b>CHAPTER 13</b>	<b>Urticaria and Angioedema</b> .....	<b>144–149</b>
<b>CHAPTER 14</b>	<b>Pityriasis Rosea</b> .....	<b>150–155</b>
<b>CHAPTER 15</b>	<b>Keloid and Hypertrophic Scar</b> .....	<b>156–160</b>
<b>CHAPTER 16</b>	<b>Cutaneous Amyloidosis</b> .....	<b>161–164</b>
<b>CHAPTER 17</b>	<b>Disseminated Superficial Actinic Porokeratosis</b> .....	<b>165–166</b>
<b>CHAPTER 18</b>	<b>Diseases of Hair</b> .....	<b>167–177</b>
	Alopecia Areata .....	167
	Tinea Capitis .....	171
	Androgenetic Alopecia .....	176
<b>CHAPTER 19</b>	<b>Diseases of Oral Cavity</b> .....	<b>178–189</b>
	Recurrent Aphthous Stomatitis .....	178
	Oral Candidiasis .....	180
	Oral Lichen Planus .....	182
	Geographic Tongue .....	187
	Scrotal Tongue .....	189
<b>CHAPTER 20</b>	<b>Diseases of Nail</b> .....	<b>190–195</b>
	Onychomycosis .....	190
<b>CHAPTER 21</b>	<b>Drug Reactions</b> .....	<b>196–200</b>
	Fixed Drug Eruption .....	196
	<i>Index</i> .....	201–204