presents the vast information on the subject in a student-friendly manner. The book has been written in a simple and lucid style and includes illustrations for the benefit of both the intelligent as well as ordinary students studying pathology in various fields of medical sciences, including MBBS, dental, AYUSH, medical laboratory technology, allied health science courses.

The salient features of the book

- 1. The book is divided into four main sections, namely •Hematology and Blood Banking, •General Pathology, •Systemic Pathology I and •Systemic Pathology II. Important chapters are covered in each part.
- 2. The book emphasizes on theory as well as the practical skills.
- 3. The book covers most of the competencies laid down by MCI.
- 4. The book is also useful for the students in preparation of examination to answer long answers, short assays and short answers and to face viva voce in Pathology.
- 5. After the main text, there are sections like •Similes in Pathology, •Know your Scientists, • Pearls to Know and • MCQs given at the end of each chapter covering various topics which will help the students in their preparation for MBBS II pathology as well as other competitive examinations in medical sciences.
- 6. The book contains gross and microscopic illustrations with original as well as schematic and line diagrams.
- 7. Many experts have contributed important topics and chapters, significantly enhancing the value of the textbook as a valuable resource.

Editor

Ganga S Pilli MD, PhD is currently Professor, Department of Pathology, JN Medical College, Belagavi, under KLE Academy of Higher Education and Research (Deemed to be University). She has teaching experience of 35 years to undergraduate students and 26 years to postgraduate students.

She has been instrumental in starting CPCs to undergraduate students, CME in transfusion medicine and continuing CME and PG course in pathology. She has published papers in national and international journals.

She has undergone training in oncopathology at Cancer Centre, Indiana, USA, fellowship in cytology from Indian Academy of Cytology (IAC), short training course in neuropathology at National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, and a course in basics of molecular biology techniques at NIRRH, Mumbai. She is actively involved in research, academics as well as extracurricular activities. She is highly motivated and enthusiastic personality. Due to inspiring and positive attitude she is loved by her students.



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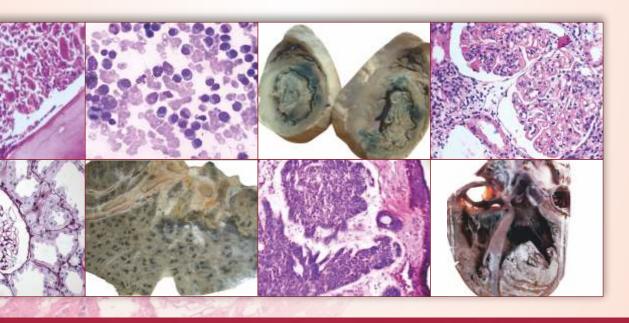
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Concise Textbook of Pathology



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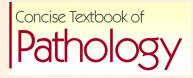


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to

My parents, My famíly members, and My dear students for theír constant encouragement

Foreword

Knowledge of pathology is very important for successful medical practitioner. It is rightly said that to be a good clinician, the knowledge of basic subjects is very essential. Those who are good in understanding the pathophysiology of a disease can treat the patient better with confidence. Subject of pathology which is learnt in II MBBS curriculum forms the basis for understanding the disease process. For any physician, to give the appropriate care for his patients, an appropriate diagnosis has to be made. Sound knowledge of the basic subjects and investigations form an important component in the whole process, may be in subjects of pathology, microbiology or biochemistry.

There are many voluminous books in the subject of pathology which are difficult for the undergraduate students to go through them and assimilate the knowledge. The present book is dealt in a simple and lucid style with easily understandable diagrams and flow charts.

The book is divided into four main sections namely, Haematology, General Pathology, Systemic Pathology I and Systemic Pathology II covering different important chapters with emphasis on theory as well as some practical skills and covers the MCI identified competencies. The book is also useful for the MBBS phase II students in preparation of examination in pathology as well as other phase students in competitive examinations in medicine. There are many original and schematic diagrams of gross and microscopic pictures and line diagrams.

The author Dr Ganga S. Pilli has already got the experience of writing textbook for medical subjects and her books are in demand by the medical and paramedical students, so much that the editions of these books are being brought out. She has a rich experience in the field of pathology for having worked as Lecturer, Assistant Professor, Associate Professor and Professor of Pathology for a period of almost 35 years in a reputed department of our college. She was heading of the department during the years 2012 to 2014. The knowledge of pathology gained through this book will be of a real benefit to the undergraduate students of medical, dental, allied health science courses including medical laboratory technology course, nursing and AYUSH courses. The necessary theory and practical material provided in this book will enrich the knowledge and will improve the skills of the students. I am sure this book will be accepted by all the students and teaching fraternity of pathology.

I congratulate Dr Ganga S. Pilli for the bold venture and hope she will continue to bring out more books for the benefit of the students and wish her all the success in her future endeavors.

Ex-Registrar, KLE Academy of Higher Education and Research (KLE University) and Former Principal, JN Medical College, Belagavi

Prof. VD Patil

Preface

Pathology is a medical speciality concerned with the study of diseases which leads to the structural and functional changes in the human body. Pathology is basis for all the practicing physicians and surgeons. Knowledge of pathology plays a very important role in the field of medicine for accurate diagnosis and patient care. The subject of pathology which is learnt in MBBS course forms the basis for this. There are many voluminous books dealing extensively with various aspects of pathology written by foreign and Indian authors. Subject of pathology has grown to a great extent especially in molecular and cytogenetic areas, the identification of these abnormalities has led to personalized treatment in many of the diseases. There is a need for concise textbook with updated information, to meet the academic requirements of all undergraduate students studying pathology.

The idea of bringing out this book was evolved while teaching pathology to the undergraduate and postgraduate students over a period of 35 years. The *Practical Pathology and Quick Review*, which has seen second edition, has made my job easier. This book has been written in an easy language and in a simple and lucid style with the help of illustrations for the benefit of wise as well as ordinary students studying pathology in various fields of medicine (medical, dental, laboratory technology, other allied health sciences, nursing and AYUSH courses).

The salient features of the book are:

- The book is divided into four main sections namely, Haematology, General Pathology, Systemic Pathology I and Systemic Pathology II.
- 2. In each section, different important chapters are covered.
- 3. The book emphasizes on theory as well as some practical skills.
- 4. The book covers the recent MCI competencies.
- 5. The book is also useful for the students in preparation of examination to answer long answers, short assays and short answers and to face viva-voce in pathology.
- 5. After main four sections, at the end has "Similes in Pathology", "Know your Scientists", and "Pearls to Know".
- 6. MCQs covering various topics which will help the students in preparation for MBBS II pathology as well as competitive examinations in medicine are also included at the end of each chapter.
- The book is designed with illustrations of gross and microscopic pictures with original as well as schematic diagrams and line diagrams.

The book has seen its first edition through CBS Publishers who have made the book to reach the students studying Pathology nationwide.

The legacy of authoring a book is to follow the footprints of my father (Prof. SS Nanjannavar) who is a retired professor from Karnatak University, Dharwad and a noted author of many books in the field of geography. He is the main source of inspiration for me to continue this noble task of writing a book in order to serve the cause of student community in particular and medical education in general. It is hoped that this book would be of great help to the students and serve as a ready reference book to those who are studying pathology.

I will be failing in my duty if I do not express my sincere gratitude to Dr Prabhakar Kore, Chancellor and Dr Vivek Saoji, Vice-chancellor of KLE University, Belgaum for providing me all the facilities. I extend my grateful thanks to Dr VD Patil, Ex-registrar, KAHER (Deemed to be University), Belgaum for writing a foreword to this book and constantly encouraging for this difficult task of authoring books. I also thank our present registrar of KAHER, Dr VA Kotiwale. I sincerely thank my Principal, Dr Niranjana Mahantshetti and my colleagues at the department.

I offer my special thanks to Dr (Mrs) AV Dhaded, former Professor of Pathology, JN Medical College, Belagavi and to Dr Bhagyashri Hungund, Professor of Pathology, JN Medical College, Belgaum for giving valuable suggestions. I am grateful to all my co-authors who have reduced my work pressure. I thank Prof. Uday V Kokatnur, who inspite of his busy schedule, stood next to me for drawing nice diagrams. I also thank Mahantesh Nanjannavar for editing the pictures. I am thankful to my postgraduate students for their timely help.

I am grateful to my husband Dr Sharanabasava C Pilli, for his constant encouragement and support. Similarly, I appreciate the patience and co-operation of my children—Vijay and Veena and daughter-in-law and son-in-law during the preparation of this book.

Constructive suggestions from the teachers and students of pathology are most welcome for the improvement of this book in the subsequent editions.

Ganga S Pilli

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	ABBREV	IATIONS	
ADCC	Antidody dependent cell mediated	HD	Hodgkin disease
	cytotoxicity	HDL	Heavy density lipoproteins
ADH	Antidiuretic hormone	HDN	Haemolytic disease of newborn
AD	Autosomal dominant	HELLP	Hemolysis, elevated liver enzymes, low
ADP	Adenosine diphosphate		platelet count
AIHA	Autoimmune haemolytic anaemia	HLA	Human leucocyte antigen
AFP ALIP	Alpha-fetoproteins Abnormal localisation of immature	HNPCC	Hereditary non-polyposis colorectal cancer
ALII	precursors	HPV	Human papilloma virus
ANCAs	Antineutrophil cytoplasmic antibodies	HS	Hereditary spherocytosis
APLA/APS	Antiphospholipid antibody	HSIL	High grade squamous intraepithelial
APTT	Activated partial thromboplastin time	11012	lesion
AR	Autosomal recessive	HT	Hypertension
AS	Aortic stenosis	IC	Integrated circuit
Beta 2M	Beta 2 microglobulin (β2 microglobulin)	IDL	Intermediate density lipoproteins
BCC	Basal cell carcinoma	IL	Interleukin
BM	Bone marrow	IM	Infectious mononucleosis
CCF	Congestive cardiac failure	INF	Interferon
CaCl2	Calcium chloride	IHC	Immunohistochemistry
CIN	Carcinoma in situ	IHD	Ischaemic heart disease
CFTR	Cystic fibrosis transmembrane conduc-	ITP	Idiopathic thrombocytopenic purpura
	tance regulator	КОН	Potassium hydroxide
CMMI	Chronic myelomonocytic leukaemia	LCA	Left coronary artery
CMP	Cardiomyopathy	LDH	Lactate dehydrogenase
CMV	Cytomegalovirus	LDHD	Lymphocyte depleted Hodgkin disease
CNS	Central nervous system	L and H	Lymphocytic and histiocytic
CRAB	Calcium (elevated), renal failure,	LDL	Low density lipoproteins
	anaemia, bone lesions	LN	Lymph node
CT	Computerised tomography	LSIL	Low grade squamous intraepithelial
CV	Cardiovascular		lesion
DCIS	Duct carcinoma <i>in situ</i>	MCD	Minimal change disease
DIC	Disseminated intravascular coagulation	MCHC	Mean corpuscular haemoglobin concen-
DVT	Deep vein thrombosis		tration
EBV	Epstein-Barr virus Extracellular matrix	MCV	Mean corpuscular volume
ECM ER		MDS	Myelodysplastic syndrome
FH	Estrogen receptors Familial hypercholesterolemia	MGN	Mesangial glomerulonephritis
fl	Femtolitres	MEN	Multiple endocrine neoplasia
FSGS	Focal segmental glomerulosclerosis	MGG stain	May-Grunwald-Giemsa stain
GCT	Giant cell tumour	MI/MR	Mitral incompetence/mitral regurgita- tion
GERD	Gastroesophageal reflux disease	MA	Macrocytic anaemia
GGT	Gamma glutamyl transpeptidase	MHA	Microcytic hypochromic anaemia
G6PD	Glucose-6-phosphate dehydrogenase	MM	Multiple myeloma
HA	Haemolytic anaemia	MPGN	Membranoproliferative glomerulo-
Hb	Haemoglobin		nephritis
HCC	Hepatocellular carcinoma	NaOH	Sodium hydroxide
HCG	Human chorionic gonadotropin	NADPH	Nicotinamide adenine dinucleotide
HCl	Hydrochloric acid		phosphate

ххх	Concise Textbook of Pathology				
NAIT	Neonatal autoimmune thrombo- cytopenia	RARS	Refractory anaemia with ring sidero- blasts		
NNA	Normocytic normochromic anaemia	RAEB	Refractory anaemia with excess blasts		
NO	Nitric oxide	RBC	Red blood cell		
NP	Niemann-Pick disease	RCA	Right coronary artery		
OD	Optical density	ROS	Reactive oxygen species		
OS	Osteosarcoma	RPGN	Rapidly progressive glomerulonephritis		
PCV	Packed cell volume	RS cells	Reed-Sternberg cells		
PAS stain	Periodic acid-Schiff stain	SBC	Simple bone cyst		
PLAP POEMS	Placental alkaline phosphatase Polyneuropathy, organomegaly, endo-	SIADH	Syndrome of inappropriate secretion of ADH		
	crinopathy, myeloma protein and skin changes	SLE	Systemic lupus erythematosus		
PNH	Paroxysmal nocturnal hemoglobinuria	TLR	Toll-like receptor		
PRCA	Pure red cell aplasia	TNF	Tumour necrosis factor		
PSGN	Post-streptococcal glomerulonephritis	US	Ultrasound		
PT	Prothrombin time	V	Voltage		
PV-B19	Parvovirus B19	VLDL	Very low density lipoproteins		
RA	Refractory anaemia	vWD disease	von Willebrand disease		