

Gastrointestinal, Hepatobiliary and Pancreatic Surgery and Hernias

EXPLICIT
Lecture Notes

is designed to give a thorough understanding of important concepts of gastrointestinal, hepatobiliary, pancreatic surgery and hernias for general surgery residents preparing for their MS/DNB degree examinations and superspecialty (MCh) aspirants. This book may also be useful to a select group of undergraduate students who wish to seek deeper knowledge of surgery.

The concepts are explained in a simple language and with visual aid from diagrams, wherever possible. The data available in this book is in conformity with the most recent editions of standard text-reference books and literature, which enables the reader to gain comprehensive knowledge about the main topics covered. All chapters have been revised, updated and refined by multiple-reader review and thorough supplementation.

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is currently Associate Professor, Department of Surgery, Government Medical College, Thrissur, Kerala. He completed his MBBS from Thrissur Medical College; his MS from Calicut Medical College; obtained his DNB from National Board of Examinations; and FRCS from Royal College of Physicians and Surgeons of Glasgow. He has worked in various medical colleges in Kerala and has been involved in teaching for over two decades. He is an adept surgeon and a popular teacher for undergraduate and postgraduate students. He has to his credit many publications. He is also a distinguished faculty for MCh (Gastrointestinal Surgery) entrance classes in Kerala.



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TV Haridas

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to

*my late parents Mr TK Nair and Mrs Leelavathy
my wife Dr Shalini Nair
my son Akash and daughter Smriti
all my teachers, students and well wishers*

Foreword

Learning is an ongoing process. It is like searching for horizon. When you feel you have reached it, the horizon moves further away.

In this era of exponential increase in medical literature and the ease of its accessibility, every contribution seems so vital.

Dr Haridas was my postgraduate student in general surgery. His unquenchable thirst for knowledge was evident in the formative years.

I must consider myself lucky to be in company with such brilliant disciples.

Dr Haridas has taken great pains to bring out a wonderful book mostly covering the difficult aspects of gastro sciences and other topics.

This book surely will be a great support for students preparing for surgery examination and for entrance exam preparation for superspecialty (MCh) courses.

He had training in UK which refined him as a precious gem. He is a faculty in Gastrosurgery MCh entrance classes in Kerala, which have helped him in filtering important topics from the vast literature and explaining them in a simple language for the students to understand.

I have great pleasure and take pride in writing the Foreword to the extremely useful book my dear student has brought forth.

My heartfelt blessings.



Prof P Rajan MS., FRCS (Glasgow)

Emeritus Professor
Former Head, Department of Surgery
Government Medical College, Calicut, Kerala

Preface

This book is a compilation of my postgraduate notes and is prepared for the benefit of postgraduate students who are doing MS or DNB in surgery and for those who are preparing for MCh entrance examinations after completing MS/DNB for various specialities.

This book will also be useful to a select group of undergraduate students who are enthusiastic about surgery. This book is prepared in the form of notes, as the title indicates. This will enable students to have a quick read during their training period and allow easy revision during examinations.

The references used in preparation of this book are the standard textbooks in general surgery, gastrointestinal surgery, hepatobiliary and pancreatic surgery and the information given in this book is highly reliable. Due to the conflict in data given in various books, I have tried to convey it by putting the different sources in brackets. The charts and tables in this book are very crisp and to the point.

The last chapter includes the TNM staging for various cancers. Each organ system is described as a chapter and various topics under it are described under subtitles.

I sincerely hope this humble effort will be useful to each one of the readers.

TV Haridas

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TV Haridas

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