

Sixth Edition

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MCQs in Internal Medicine

A Companion for Undergraduate Students

- An indispensable self-assessment revision tool in medicine
- Total 2412 integrated system-wise arranged questions
- Single-choice answers given at the bottom of each page
- Covers all major aspects of general medicine
- A handy book for undergraduate students, interns and residents
- Helpful for candidates appearing in most postgraduate entrance examinations in different sectors



Arup Kumar Kundu MD, FICP, MNAS

has been an internist for more than 35 years, in the government as well as private set-up. He is renowned for his sharp clinical acumen and analytical approach. He has been teaching the subject of medicine to both the undergraduate and postgraduate students and has been an examiner in different Indian universities. He is vibrant and innovative in his field.

Dr Kundu's distinguished career is full of medals, ranks, distinctions, awards and academic excellence. He is a gifted orator and has been invited as speaker/faculty in different state and national level conferences/international seminars. He has to his credit over 120 indexed publications in peer-reviewed journals, contributed constructive articles in national daily/weekly publications and appeared in interviews on AIR and Doordarshan features aimed at common people. A keen researcher and an avid writer, he has authored single-handedly five more indispensable books in medicine. He has written sections on online appendix of Kumar and Clark's *Clinical Medicine* in the 6th-10th editions.

Dr Kundu, the 'clinical scientist', has been conferred the fellowship of the Indian College of Physicians (FICP) and the membership of prestigious New York Academy of Sciences, USA (MNAS). His biography has been included in *Who's Who in the World* and is visible in Wikipedia. He is well known all over for his proficiency as an outstanding educationist, astute clinician, renowned author, eminent rheumatologist and the 'master teacher' in medicine.



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MCQs in Internal Medicine

Kundu



From the Author of *Bedside Clinics in Medicine, Part I and II*

Sixth Edition

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A Companion for Undergraduate Students

2412 MCQs with Single Best Answers

Arup Kumar Kundu



Dedicated to Education
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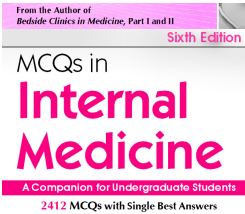
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to

Dr Purushottam Pal Late

FRCOG (Lond)

*a great human
who has shown me
a new dimension in life*

*“Be so busy improving yourself that you have no time to
criticize others”*

— **Chetan Bhagat**

Indian author, novelist, columnist, public speaker and a screenplay writer

Other Books/Chapters by the Same Author

- *Bedside Clinics in Medicine, Part I* (8th Ed), 2019 (Aug)
- *Bedside Clinics in Medicine, Part II* (7th Ed), 2020 (Mar)
- *Pearls in Medicine for Students* (2nd Ed), 2016
- *Beginner's Guide to Clinical Medicine* (1st Ed), 2018
- *Clinical Medicine at a Glance* (1st Ed), 2022

Chapters in

- *API Textbook of Medicine* (8th Ed), 2008
- *Postgraduate Medicine*, 2009
- *Rheumatology: Principles and Practice*, 2010
- *Medicine Update: 2010–15*, 2017, 2018, 2021
- *Progress in Medicine: 2016*, 2019, 2020, 2022 (in Press)
- *Manual of Rheumatology* (5th Ed), 2018 & (6th Ed), 2022 (in Press)
- *Online Appendix of "Kumar & Clark's" Textbook, 'Clinical Medicine'*, 6–10th Ed

Biography (Author)

- Included in Marquis Who's Who in the World 2014, 2015, 2016
- Who's Who in Science and Engineering 2016–17, and in
- Wikipedia & WikiVisually

Fellow/Member of

- Fellow, Indian College of Physicians (India)
- Member, New York Academy of Sciences (USA)
- Member, International Advisory Panel of "Kumar & Clark's" Textbook, 'Clinical Medicine', 7th–10th Ed (Edinburgh)
- Life-member, Association of Physicians of India (API)
- Life-member, Indian Rheumatology Association (IRA)
- Life-member, Indian Medical Association (IMA)

Preface to the Sixth Edition

By the grace of Almighty, I have been able to bring out the sixth edition of the book in a new look. I am indeed delighted by the aspiring students' response to the previous edition. I have appreciably revised and updated every chapter, maintaining the previous style and old tradition intact. Like the previous editions, the book deals with *core knowledge in internal medicine* consisting of *16 chapters including 2412 MCQs with single-choice best possible answers covering every corner of medicine*. I tried my best to minimize errors. I hope that students will be enormously benefitted by the book for their PG entrance examinations in India and abroad.

In the modern era, MCQs form a way for objective assessment. MCQs are 'windows' through which a student should peep through, and ultimately gets an idea that which part of the 'text' should be read with stress and which are not. Medicine is a vast science with new horizons being exploded continuously. In the examinations, questions are picked up by examiners in a quizzical manner from nooks and corners of unknown pages of huge textbooks and this makes the students perplexed and bewildered. I think, this MCQ book will guide them in the right pathway. Students are advised to read the questions meticulously and to get rid of their confusions from standard textbooks. An aspiring student, who refers to textbooks more, hopefully can achieve success in the long run.

I am aware that students like explanatory answers because they are comfortable with spoon feeding and readymade science but I assure them that no amount of explanation can give favourable outcome if anyone is not science-bound or text-bound, and thus I have deliberately omitted the explanations. Success never comes overnight and this is why I think the foundation of medicine should be very strong from the beginning of the curriculum. I hope that the *undergraduate students should be well-conversant with these types of MCQs from the very first day of their clinical training*.

I would like to record my appreciation to Mr Satish Kumar Jain, Chairman and Managing Director, and Mr Varun Jain, Director, CBS Publishers & Distributors, and their staff who took immense pain in publishing and distributing the book in India and abroad; I am extremely

thankful to Mr YN Arjuna, Senior Vice-President (Editorial and Publicity) for his cooperation throughout the process of publication. No amount of appreciation is sufficient for my family members, my wife Bijoya, daughter Ushasi and son Dr. Abhishek whose active support has helped me in every step to complete the sixth edition.

Healthy suggestions and constructive criticism are always welcome.

To the ambitious readers, I wish you all the best for your future days!

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Preface to the First Edition

Multiple **C**hoice **Q**uestions (MCQs) are probably the most sophisticated and widely used component of objective tests to evaluate a student's proficiency and depth of knowledge in a particular subject. MCQs are increasingly used for various entrance examinations where ranking of students is of paramount importance. Unexpected failure may result from lack of familiarity with the MCQ format. This is why I tried to write a book on MCQs dealing with the vast and everchanging science of medicine for different postgraduate entrance examinations in the country. This volume contains 13 chapters, 1650 questions and covers all major aspects of medicine. All the questions have been arranged systematically. I tried my best to minimize errors by repeated checking. All the questions have their single choice answer present at the bottom of the page for the purpose of quick and easy reading.

It has been observed that questions from the field of medicine cover 15–40% of total bulk of the paper. As questions are asked from every nook and corner of a textbook, it is suggested that students should read the text in between the lines. I hope students will be benefitted in their cut-throat competition of postgraduate entrance examinations like MCI, AIIMS, PGI, BHU, CMC-Vellore, AMU, JIPMER, NIMHANS and different state-controlled examinations, if they pry into it.

I express my sincere thanks to Mr Kaustuv Paul of Crest Infomedia for his constant cooperation in publishing the book. Lastly, I owe my heartfelt gratitude to my family members who assisted me in every step to write the book. Finally, I should say that I will heartily accept sincere suggestions from thoughtful readers.

Arup Kumar Kundu

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