# PHARMACOTHERAPEUTICS Theory and Practical

Course Codes ER20-24T and ER20-24P for Second Year Diploma in Pharmacy

aims to help in bridging the existing gap of long-needed demand for budding pharmacy technocrats, academicians and pharmacists, especially the young professionals in pharmacy.

The main objective of the book is to explain the fundamentals of pharmacotherapeutics in the simplest possible language, in an easy to understand way for the students. The textbook keeps a balance between the basic essentials and advanced areas of knowledge, apart from discussing the usual topics.

Effort has been made mainly to focus on the primary aspects for students of pharmacy completing their diploma course as per latest PCI Course Regulation 2020 (subject codes ER20-24T and ER20-24P). The book covers a wide range of areas in brief and contains a comprehensive description. The basic text in simple language not only deals with the basic concepts but also emphasizes technical and practical aspects of the subject. The most distinguishing feature of the book is isolated key points at the end of each chapter. Experiments in pharmacotherapeutics are highly useful for the readers.

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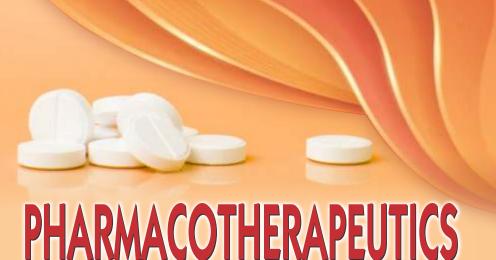
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Patel Agarwal Agarwal





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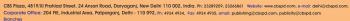
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As per the latest syllabus prescribed by Pharmacy Council of India

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# PHARMACOTHERAPEUTICS Theory and Practical

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Shreya and Vaidish



Shilpi Agarwal and Gaurav Agarwal

to

Almighty God (Mahadev) and my mom, dad and family members for the time that they have sacrificed so that this would become a reality

Mayank Patel

# **Preface**

This book *Pharmacotherapeutics* is designed specifically as per PCI (Pharmacy Council of India) Education Regulations, 2020 for Diploma Course in Pharmacy Second Year students covering entire syllabus of ER20-24T and ER20-24P. It contains a comprehensive description and overview of existing knowledge of pharmacotherapeutics that makes it appropriate for introductory and institutional purposes.

Being an interdisciplinary subject, it is today covering a wide range of interest both among the students and teaching communities. Taking this increasing interest into account, this book gives a comprehensive introduction to the subject. The text not only deals with the basic concepts but also emphasizes technical and practical aspects of the subject. The book is primarily intended as text for students of pharmacy for degree and diploma courses.

The book contains numerous specimens, vivid illustrations, tables, diagrams and flow diagrams to present the ideas in simplified manner. The structure and the contents of the book have changed to reflect modern thinking and current university curricula throughout the world. The distinguishing feature is practical related to subject at the end of the book. In spite of great care there might be some mistakes and deficiencies. I will be grateful for giving suggestions to improve upon myself. So, go through the contents and do mail to me at gbitsian@rediffmail.com.

Mayank Patel Shilpi Agarwal Gaurav Agarwal

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It is not possible to write a book without assistance and encouragement of loved once. This is certainly no exception.

On the very outset to complete *Pharmacotherapeutics*, we would be grateful to bow our head in worship to Almighty Mahadev and Maa Saraswati, who are obviously the one for giving us the strength and courage to write this book and to be successful in this part. We would like to thank our families for their upbringing efforts and encouragement in every path.

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Any omission in this brief acknowledgement does not mean lack of gratitude.

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# Contents

	Preface	vii
	List of Contributors	X
	Syllabus	x
1.	Introduction to Pharmacotherapeutics	1
2.	Cardiovascular System	16
3.	Respiratory System	41
4.	Endocrine System	60
5.	Central Nervous System	77
6.	Gastrointestinal Disorders	112
7.	Hematological Disorders	131
8.	Infectious Diseases	140
9.	Musculoskeletal Disorders	193
10.	Dermatology	208
11.	Psychiatric Disorders	223
12.	Ophthalmology	238
13.	Antimicrobial Resistance	251
14.	Women's Health	255
	Practical	
15.	Experiments	267
	Index	309

# Syllabus

### **THEORY**

Course Code: ER20-24T 75 Hours (3 Hours/Week)

Scope

This course is designed to impart basic knowledge on etiopathogenesis of common diseases and their management along with quality use of medicines.

# **Course Objectives**

This course will discuss about:

- 1. Etiopathogenesis of selected common diseases and evidence-based medicine therapy.
- 2. Importance of individualized therapeutic plans based on diagnosis.
- 3. Basic methods for assessing the clinical outcomes of drug therapy.

# **Course Outcomes**

Upon successful completion of this course, the students will be able to:

- 1. Help assessing the subjective and objective parameters of patients in common disease conditions.
- 2. Assist other healthcare providers to analyse drug-related problems and provide therapeutic interventions.
- 3. Participate in planning the rational medicine therapy for common diseases.
- 4. Design and deliver discharge counselling for patients.

Chapter	Topics	Но	urs
1	Pharmacotherapeutics—Introduction, scope and objectives, Rational use of Medicines, Evidence Based Medicine, Essential Medicines List, Standard Treatment Guidelines (STGs)	8	1
		10	. 1 \

(Contd.)

(Contd.)

	Syllabus	xvii
Chapter	Topics	Hours
	<ul><li>(i) Dermatology</li><li>Psoriasis</li><li>Scabies</li><li>Eczema</li></ul>	3
	<ul><li>(j) Psychiatric Disorders</li><li>Depression</li><li>Anxiety</li><li>Psychosis</li></ul>	4
	<ul><li>(k) Ophthalmology</li><li>Conjunctivitis (bacterial and viral)</li><li>Glaucoma</li></ul>	
	(l) Antimicrobial Resistance	2
	<ul><li>(m) Women's Health</li><li>Polycystic ovary syndrome</li><li>Dysmenorrhea</li><li>Premenstrual syndrome</li></ul>	4

# **PRACTICAL**

Course Code: ER20-24P 25 Hours (1 Hour/Week)

# Scope

This course is designed to train the students in the basic skills required to support the pharmaceutical care services for selected common disease conditions.

# **Course Objectives**

This course will train the students on:

- 1. How to prepare a SOAP (Subjective, Objective, Assessment and Plan) note for clinical cases of selected common diseases.
- 2. Patient counselling techniques/methods for common disease conditions.

# **Course Outcomes**

Upon successful completion of this course, the students will be able to:

1. Write SOAP (Subjective, Objective, Assessment and Plan) notes for the given clinical cases of selected common diseases.

2. Counsel the patients about the disease conditions, uses of drugs, methods of handling and administration of drugs, lifestyle modifications, and monitoring parameters.

# **Practicals**

- I. Preparation and discussion of SOAP (Subjective, Objective, Assessment and Plan) notes for at least SIX clinical cases (real/hypothetical) of the following disease conditions:
  - 1. Hypertension
  - 2. Angina pectoris
  - 3. Myocardial infarction
  - 4. Hyperlipidaemia
  - 5. Rheumatoid arthritis
  - 6. Asthma
  - 7. COPD
  - 8. Diabetes
  - 9. Epilepsy
  - 10. Stroke
  - 11. Depression
  - 12. Tuberculosis
  - 13. Anaemia (any one type as covered in theory)
  - 14. Viral infection (any one type as covered in theory)
  - 15. Dermatological conditions (any one condition as covered in theory)
- II. Patient counselling exercises using role plays based on the real/hypothetical clinical case scenarios. The students are expected to provide counselling on disease condition, medications, lifestyle modifications, monitoring parameters, etc. and the same shall be documented (minimum 5 cases).
- III. Simulated cases to enable dose calculation of selected drugs in paediatrics, and geriatrics under various pathological conditions (minimum 4 cases).