

Second
Edition

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Insulin in Clinical Practice

is the thoroughly revised, updated and enlarged edition of a handy monograph on insulin in modern clinical practice.

The discovery of insulin has been one of the greatest milestones in medicine. Any type of diabetes mellitus can be controlled by using insulin. With the availability of many types of insulins, managing diabetes is far more easy now than before, and treatment can be tailored to the individual needs.

Though using insulin is not easy: Its rational and effective use requires common sense, intelligence, and sound knowledge of different types of insulin, their time-action profiles and different insulin regimens. Everyone is familiar with insulin but a few are real experts in using it.

Literature is scattered in different sources when it comes to using insulin. The entire current literature about insulin and various insulin regimens has been referred to make the second edition up-to-date and more useful to clinicians. Sincere effort has been made to bring together all the information that the clinicians need to know to use insulin in their daily practice in a simple language.

This book is useful for all the general practitioners, postgraduate students, residents, physicians, and all other doctors who are engaged in treating diabetes mellitus.

.... The purpose of this book is to make you an expert in using insulin.

Manthappa M MBBS, MD

is currently Professor, Department of Medicine, and Vice Principal, JSS Medical College, JSS Academy of Higher Education and Research, Mysuru, Karnataka. He obtained his MBBS and MD from Manipal University (now MAHE).



He has also authored three other medical books *Manipal Prep Manual of Medicine 3/e*, *Manipal Prep Manual of Medicine for Dental Students* and another book on diabetes for general public. His books are known for the simple narrative style and clarity.



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4819/XI, Prahad Street, 24 Ansari Road, Daryaganj, New Delhi 110 002, India
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Manthappa M MD (Medicine)

Professor

Department of Medicine and
Vice Principal, JSS Medical College
JSS Academy of Higher Education and Research
Mysore, Karnataka

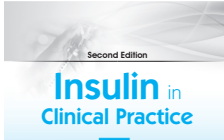
*Former Associate Professor, Department of Medicine
Kasturba Medical College, Manipal University (now MAHE)
Manipal, Karnataka*

Email: manthappa@yahoo.com



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4819/XI Prahlad Street, 24 Ansari Road, Daryaganj, New Delhi 110 002, India

Ph: 011-23289259, 23266861

Website: www.cbspd.com

e-mail: delhi@cbspd.com

Corporate Office: 204 FIE, Industrial Area, Patparganj, Delhi 110 092, India

Ph: 011-49344934

Fax: 011-49344935

e-mail: publishing@cbspd.com; publicity@cbspd.com

Branches

- **Bengaluru:** Seema House 2975, 17th Cross, K.R. Road, Banasankari 2nd Stage, Bengaluru 560 070, Karnataka, India
Ph: +91-80-26771678/79 Fax: +91-80-26771680 e-mail: bangalore@cbspd.com
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- **Kolkata:** 147, Hind Ceramics Compound, 1st Floor, Nilgunj Road, Belghoria, Kolkata 700056, West Bengal, India
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Ph: +91-522-4000032 e-mail: tiwari.lucknow@cbspd.com
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Ph: +91-22-66661880/89 e-mail: mumbai@cbspd.com

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to

my brother
MK Swamy
who has been a constant source of
courage, support, and inspiration to me

Preface to the Second Edition

I am very happy to place before you the second edition of the book *Insulin in Clinical Practice*. All the latest literature about insulin and various insulin regimens has been referred to make this second edition up-to-date and more useful to clinicians.

The discovery of insulin has been one of the greatest milestones in medicine. In fact, the discoverers got Nobel Prize for this achievement in medicine. We can control any type of diabetes mellitus by using insulin. When all the oral anti-diabetic drugs fail to work, insulin is the savior and always works. Type 1 diabetes requires insulin from the beginning of diagnosis and type 2 diabetes requires it at some point of time either temporarily or permanently. Gestational diabetes and other secondary types of diabetes also require insulin. With the availability of many types of insulins, managing diabetes is far more easier now than before, and treatment can be tailored to individual needs. But using insulin is not easy. Its rational and effective use requires common sense, intelligence, and sound knowledge of different types of insulins, their time-action profiles and different insulin regimens. Everyone is familiar with insulin but a few are real experts in using it. Literature is scattered in different sources when it comes to using insulin. Here I have made sincere efforts to bring together all the available data about insulin in a simple language.

This book is useful for all the general practitioners, post-graduate students, residents, physicians, and all other doctors who are engaged in treating diabetes mellitus. The purpose of this book is to make you an expert in using insulin.

Manthappa M

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